## Safer Opioid Supply Community of Practice Newsletter

#### February 2021

## **Key Meeting Themes**

Meeting minutes can be found in the meeting notes and resources folder on the SOS Google Drive

# **January 7<sup>th</sup>, 2021**

- Increased difficulty assisting people switching from street supply to safer supply
- Client responses to Dilaudid 8 mg shortage
- Importance of client/provider/team relationship

## **January 14th, 2021**

- Fentanyl patches as a backbone
- Framing SoS as palliative addiction medicine
- SoS risks and harms in the context of the escalating overdose crisis
- Access to detox services while on SoS

# January 21st, 2021

- Chronic pain & SoS criteria
- SS Ritalin
- Microdosing Suboxone
- Discontinuation from SoS

## **January 28th, 2021**

- Grief, trauma, and resiliency
- Making space to recognize and acknowledge how we are feeling

## Research

We encourage CoP members to email <a href="mailto:karen.cook@amho.ca">karen.cook@amho.ca</a> with submissions to include. Content examples: community led projects, peer reviewed articles, grey literature, government publications, etc.

- Tackling the overdose crisis: The role of safe supply
- Preliminary Patterns in Circumstances Surrounding Opioid-Related Deaths in Ontario during the COVID-19 Pandemic
- Addressing the Syndemic of HIV, Hepatitis C, Overdose and COVID-19 Among People Who Use
   Drugs: The Potential Roles for Decriminalization and Safe Supply
- "It's Helped Me a Lot, Just Like to Stay Alive": a Qualitative Analysis of Outcomes of a Novel Hydromorphone Tablet Distribution Program in Vancouver, Canada

## **Featured Resources**

- Letters of Support for SoS
- Letter for Client Emergencies

- SoS Staff Access Policy
- BCCDC Safer Tablet Injection
- <u>Safer stimulant resources</u> (FOLDER)
- Google Groups
  - We have a new communications platform for CoP members! Please email safersupplyon@gmail.com if you are interested in joining.

#### Questions

We encourage CoP members to submit questions to <a href="mailto:safersupplyon@gmail.com">safersupplyon@gmail.com</a>. Organizers will bring questions and/or answers to meetings as well as circulate a brief summary in following newsletter.

We're planning to invite a bioethicist to our March 2021 meeting. What are the top three topics
you would like to see covered? Please rank in order of importance and send to
safersupplyon@gmail.com.

#### News

- Four-month delay in prescribing safe drug supply costing lives, say B.C. advocate
- BC's Safer Supply Program Is Too Slow To Start and Not Working, Users Say
- 'It's very alarming': Ontario seeing unprecedented spike in stimulant-drug deaths
- Canadian study finds almost half of medical cannabis users with chronic pain stopped using opioids
- Government of Canada supports four safer drug supply projects in British Columbia

## **Upcoming Events**

## **SoS Interdisciplinary Hot Topic Meetings**

- February 25<sup>th</sup>, 2021: SoS Client Panel on Safer Use Practices and Other SoS Topics Let us know
  if you have SoS Clients who may wish to participate on the panel by emailing us at
  safersupplyon@gmail.com
- March 25<sup>th</sup> 2021: Ethics Discussion with Bioethicist Daniel Buchman (Centre for Addiction and Mental Health)

#### **Other Events**

March 26<sup>th</sup>, 2021: Opioid Use Disorder in Primary Care Virtual Conference